

**Advocate Lutheran General Hospital  
Mission & Spiritual Care  
Association for Clinical Pastoral Education (CPE)**

Spiritual Care “Research-Informed” Syllabus for CPE Resident Chaplains

Objectives of Research Related Curriculum Events:

- To engage CPE Residents to develop research literacy as a “habit” for and dimension of their ministry practice.
- To clarify, broaden, and deepen CPE residents’ awareness of chaplaincy-related research and worthy research articles that contribute to a research-informed approach to their provision of spiritual and religious care.
- To develop the capacities of CPE residents to become critical readers of research related to spiritual care and to develop their confidence as informed research consumers.
- To foster interest and curiosity in CPE residents about their own and others’ provision of spiritual and religious care that give rise to research inquiry and thinking.

Research-related curricular “events” will be integrated throughout the CPE residency year. The initial weeks of orientation to the hospital and related clinical sites will include basic, orienting seminars such as those that familiarize CPE Residents with Medical Terminology, Behavior-Based Expectations (BBEs) that ensure patient safety, and the various on-line and in-person resources to support and to guide the provision of spiritual and religious care. These orienting seminars are understood to provide the foundation of information and resources on which the more specific research-related seminars will draw.

In the inaugural weeks of each CPE resident year, initial Seminars will focus attention on the inhibiting and promoting influences related to Research-Informed Spiritual Care, learning the basic concepts and frames of reference about research, and accessing the basic, available resources needed to develop capacities for one’s own research-informed ministry practice. Seminar foci will then shift to reviews of categories of research articles and the habits of thought needed to critically review and discuss articles for their relevance to chaplaincy practice. The preparatory readings for each of these seminars are identified with the expectation that students will read and summarize in writing their review of the articles prior to each seminar. Standard “Article Summary Outlines” will be utilized for this purpose. Residents are encouraged to review their seminar schedules well enough in advance to prepare their work in advance of each research seminar.

As noted before, CPE Residents are expected to participate in Mission and Spiritual Care Journal Club meetings, normally held on the second and fourth Wednesdays at noon. Location may vary, so check departmental announcements. Articles to be read for the Journal Club meetings will also be summarized utilizing the “Article Summary Outline” form in advance of the meetings.

The research seminars, identified readings and summaries, and Journal Club participation all provide opportunities for chaplain students to develop foundational knowledge and skills to be applied as part of their “routine” provision of spiritual and religious care in the clinical areas in which they minister. All CPE student chaplains are expected to become research-informed and literate in regard to the needs, characteristics of, and best care practices for the particular patient population she or he is serving. Conversation and consultation with other interdisciplinary care team staff in reference to care plans for particular patients is considered normal pastoral care practice.

### **Seminar 1:**

Introduction to Research:

Boisen, Anton T. (1926). "The Challenge to Our Seminaries." Reprinted in G.H. Asquith Jr (Ed), **Vision From a Little Known Country: A Boisen Reader**. (Decatur, GA: Journal of Pastoral Care Publications), pp. 19-23.

Evidence-Based Pastoral Care:

O'Connor, T.S. and Meakes, E. (1998) *Hope in the Midst of Challenge: Evidence-Based Pastoral Care*. Journal of Pastoral Care 52(4):359-367.

Hundley, Vanora (1999). *Evidence Based Practice: What is it? And Why Does It Matter?* Scottish Journal of Healthcare Chaplaincy, 2(1): 11-14.

Feelings About Research, Theology, and Spiritual/Religious Care:

VandeCreek, L, Bender H, Jordan MR. (1994). **Research in Pastoral Care and Counseling: Quantitative and Qualitative Approaches**. ( Decatur, GA: Journal of Pastoral Care Publications, Inc.). pp. viii -32.

### **Seminar 2:**

Introduction to Thinking About: "How We Know" and "How We Make Claims of Knowledge"

Ehman, John (2003). *Introducing Students to Pastoral Care Research: Thoughts on Discussing Epistemological Questions*. Fall, 2003 Newsletter, ACPE Research Network. Available online at <http://www.acperesearch.net/Fall03.html> .

Faith and Research:

O'Connor, T.S. and Meakes, E (2005). "Towards a Joint Paradigm Reconciling Faith and Research" In A Meier, TS O'Connor, and P Van Katwyk (Eds.), **Spirituality and Health: Multidisciplinary Explorations**. (Waterloo, Ontario, Canada: Wilfred Laurier University Press, 2005) pp.7-38.

Barbour, I. (2000). **When Science Meets Religion**. San Francisco: Harper & Row. Chapter One: Four Views of Science and Religion, pp. 7-38.

### **Seminar 3:**

Introduction to Research Resources: Advocate Library Network

"Hands-On" Orientation to: **PubMed, Ovid, MEDLINE, ACPE Research Network** (Seminar conducted by Lisa Jacob and her ALGH staff librarians in 9 West Library Training Room.)

### **Seminar 4:**

Introduction to Qualitative Research:

Overview excerpted from: Hood, L. & Overall, S. **Ways of Knowing: Possibilities for a Ministry Special Project**. Presentation Notes in ".pdf" format on Qualitative Research. Slides 9-51. Acknowledgement: St. Luke's Health System of Kansas City, MO.

VandeCreek, L, Bender H, Jordan MR. (1994). **Research in Pastoral Care and Counseling: Quantitative and Qualitative Approaches**. ( Decatur, GA: Journal of Pastoral Care Publications, Inc.). pp. 71-88.

**Seminar 5:**

Qualitative Research and Integrative Spiritual Care Projects:

VandeCreek, L, Bender H, Jordan MR. (1994). **Research in Pastoral Care and Counseling: Quantitative and Qualitative Approaches.** ( Decatur, GA: Journal of Pastoral Care Publications, Inc.). pp. 89-128

Grossoehme DH, Ragsdale J, Wooldridge JL, Cotton S, Seid M (2010). *We Can Handle This: Parents' Use of Religion in the First Year Following Their Child's Diagnosis with Cystic Fibrosis.* J Health Care Chaplaincy, 16(3-4): 95-108.

**Seminar 6:**

Introduction to Quantitative Research:

VandeCreek, L, Bender H, Jordan MR. (1994). **Research in Pastoral Care and Counseling: Quantitative and Qualitative Approaches.** ( Decatur, GA: Journal of Pastoral Care Publications, Inc.). pp. 33-70.

Kenneth I. Pargament, Harold G. Koenig, Nalini Tarakeshwar, June Hahn (2001). *Religious Struggle as a Predictor of Mortality Among Medically Ill Elderly Patients: A 2-Year Longitudinal Study.* Archives of Internal Medicine, 161:1881-1885.

William L. Iler, Don Obershain, Mary Camac (2001). The Impact of Daily Visits from Chaplains on Patients with Chronic Obstructive Pulmonary Disease (COPD): A Pilot Study. Chaplaincy Today. 17 (1): 5-11.

**Seminar 7:**

Introduction to the Ethics of Research:

“Ethical Issues in Clinical Research,” Chapter 3 in L G Portney and M P Watkins, **Foundations of Clinical Research: Applications to Practice,** Third Edition (Upper Saddle River, NJ: Pearson Education, Inc., 2009), pp. 47-59.

**Seminar 8:**

Introduction to Advocate's Institutional Review Board (IRB):

Presenter: Dr. Joal Hill, Director of Research of Research Ethics, Advocate Health Care (Cf. Advocate Online, IRB/Research Ethics)

**\*Seminar 9:**

Residents' Integrative Spiritual Care Project:

Access Current Document: ALGH, CPE Resident Program Intensive Integrative Time

Access Current Document: ALGH, Residents' Integrative Project Review Form

Clarifying Timelines and Expectations

**\*Following these orienting Seminars, respective CPE Supervisors of the resident Units will identify the regularly scheduled seminars that will continue through the CPE resident year. Updated Integrative Project Review Forms will be used to consult with the Supervisors and pe**